

Rights" by Deborah Hopkinson and illustrated by Amy Bates (Aladdin, 2005, \$3.99).

This Level 3 Ready-to-Read book (for ages 6-8) tells the story of Anthony, a well-educated woman who quickly realized that her gender was being denied so many things in society. Chief among them was the right to vote and securing

politically important First Lady, having spent her years securing low-cost housing for the poor, serving as the first female delegate to the United Nations, a political powerhouse for her husband and much more. In this hardback book for children 10-14, this woman's life is shown through pictures, correspondences and more.

► **"Keep Climbing, Girls"** by Beah E.

Wells, covering the fields of science, politics, literature, art and much more.

► **"Minute Mysteries: Brainteasers, Puzzlers and Stories to Solve"** (American Girl, 2006, \$5.95).

Followers of the American Girl series will enjoy these quick mysteries starring their favorite characters. Read the story, look for hints and try to solve these puzzles set in different times throughout his-

tory. In the Rocky Mountain of 1800 lived Elk Girl, the sister of a Ute Chief. A hunter and lover of Native American life, she is captured by Cheyenne warriors and made into a slave. Soon, she sees that the real enemy is the White Man who has come to her country and begun taking away everything from her people. Even if she found a way to get away from the soldiers, could she find her way home?

p.e. sampler

► **"The Baby Trail, a novel"** by Sinead Moriarty (Atria Books, 2005, \$23).

When Emma and James decide to have a baby, Emma makes a plan: get off the pill, get pregnant and have a baby. But when this 33-year-old finds she's having no luck, she has to give Mother Nature a helping hand. Soon she's dealing with post-coital handstands, hormone-inducing drugs and an unending group of probing specialists. But just when her support group is caught up in their own lives and Emma feels she has pushed everyone away, events take an unforeseen turn.

► **"Damaged Angels: An Adoptive Mother Discovers the Tragic Toll of Alcohol in Pregnancy"** by Bonnie Buxton (Carroll & Graf, 2005, \$15.95).

Buxton was raising her adoptive

daughter, unaware the child was afflicted with fetal alcohol disorder. Soon, Colette was stealing (by first grade), discovered sex and drugs (by age 14) and a crack addict living on the streets (by 18). After years of hard work, Bonnie found the answer on how to help her daughter. This book gives guidance to parents, caregivers and the pediatricians who work with them to find a way to help these precious but damaged children.

► **"Captain Fit's Guide to Good Health"** by Matthew E. Alleyne (BookSurge, \$24.99).

Parents often find themselves struggling with their children to eat better and exercise more. With countless forces against their efforts (television shows, video games, junk food vending machines in schools and hours that children sit in

classrooms), parents find their children at the risk of obesity and diabetes, not to mention other health fears.

This book is filled with safe and sensible ideas that children and their parents can put to use for improving and maintaining the health of all their kids. They'll find nutritional facts, fun fitness games, word puzzles, Internet safety tips, smart water usage, family-based activities and age-appropriate anatomical illustrations. There are also recipes for healthy meals and snacks, as well as information on food trivia, buying, preparation, storage and safety.

More information at www.CaptainFit.com.

► **"The Safe Side DVD"** (\$19.95). John Walsh of "America's Most Wanted" and Julie Clark, creator of the Baby Einstein series, created this program for

children and parents, with humor that makes the difficult subject of stranger safety easy to discuss. The video's host, Safe Side Super Chick, takes kids through a series of difficult scenarios that children could face.

More information at www.thesafe-side.com.

► **"Wander Wear"** These products help parents and children to be quickly reunited when they are accidentally separated. Affordable and easy-to-use, Wander Wear gives parents a peace of mind when they are in public places such as malls, parks, fairs, beaches or while traveling. Locator Tags are \$3.99. Hats and shirts are \$13.99.

Information at www.wander-wear.com.